

LVTC Trot Up for Spirit 5K		1/26/2013		
Distance	Name	Division	Place	Time
Women				
5K	Nickie King	12 & Under	1	34:38
5K	Meghan Boland	13 - 19	1	24:11
5K	Rimma Alejandro	13 - 19	2	31:46
5K	Cassie King	13 - 19	3	36:20
5K	Taylor Young	13 - 19	4	44:39
5K	Kimberly Rexwinkel	20 - 29	1	26:41
5K	Lorinda Risdon	20 - 29	2	26:53
5K	Evelin Dhadarria	20 - 29	3	33:31
5K	Amber Delainey	20 - 29	4	38:35
5K	Sara Hill	20 - 29	4	38:35
5K	Meagan Mannix	20 - 29	4	38:35
5K	Nicole Schnarrs	20 - 29	7	38:41
5K	Tahnee Bouvy	20 - 29	8	45:05
5K	Yvanna Cancia	20 - 29	9	NTA
5K	Serena Dorsett	30 - 39	1	25:46
5K	Danielle Sims	30 - 39	2	25:56
5K	Keliana Licup	30 - 39	3	37:50
5K	Julie Goe	30 - 39	4	NTA
5K	Joan Dalusung	40 - 49	1	31:00
5K	Anita Henderson	40 - 49	2	32:08
5K	Christine Gerwig	40 - 49	3	32:48
5K	Michelle Conley	40 - 49	4	46:54
5K	Paula Hilt	50 - 59	1	27:02
5K	Frances Heiy	50 - 59	2	28:34
5K	Nancy Pasquale	50 - 59	3	30:45
5K	Alene Sullivan	50 - 59	4	31:31
5K	Pam Overschelp	50 - 59	5	34:18
5K	Leslie Zuckerman	60 & Up	1	41:27
Men				
5K	Johnny Hiliario	13 -19	1	16:53
5K	Ryan Ripley	20 -29	1	15:23
5K	Alan Carreno	20 -29	2	18:55
5K	Keola Soon	20 -29	3	19:25
5K	Scott Anderson	20 -29	4	21:33
5K	Lucas Gagliardi	20 -29	5	21:36
5K	Ivan Daniels	20 -29	6	21:42

5K	Ricardo Dominguez	20 -29	7	23:34
5K	John Long	20 -29	8	24:19
5K	Nathan Hanson	20 -29	9	32:30
5K	Jeremy Perry	20 -29	10	32:30
5K	Ramon Valdez	30 -39	1	17:59
5K	Ulises Martinez	30 -39	2	20:26
5K	Cesar Valenzuela	30 -39	3	21:32
5K	Alan Licup	30 -39	4	25:18
5K	John Doughty	30 -39	5	25:30
5K	Billy Velasquez	30 -39	6	26:38
5K	Justin McCoy	30 -39	7	28:43
5K	Lloyd Velton	30 -39	8	29:06
5K	Christopher Demers	30 -39	9	32:21
5K	Neil Young	30 -39	10	44:38
5K	Tedd Girouard	40 - 49	1	20:49
5K	David Gonzales	40 - 49	2	21:14
5K	Greg Kodweis	40 - 49	3	23:03
5K	Phil Medica	40 - 49	4	26:56
5K	James Buck	40 - 49	5	28:28
5K	Donald Mitchell	40 - 49	6	28:46
5K	Timothy Henderson	40 - 49	7	30:36
5K	Wayne King	40 - 49	8	36:21
5K	Jeff Oberschelp	50 - 59	1	23:01
5K	Chris Cookson	50 - 59	2	24:53
5K	Roger Wiesongnar	50 - 59	3	27:00
5K	Scott Bashman	50 - 59	4	30:32
5K	Dirk Patao	50 - 59	5	31:51
5K	Dan Sullivan	50 - 59	6	46:04
5K	Len Zane	60 & Up	1	23:58
5K	Daniel Duncan	60 & Up	2	27:28